

## 延伸閱讀



與你的團隊交流，可以創作更多符合社區區情的「齡活大使」活動，推廣及共同建設長者及年齡友善社區。你也可以瀏覽以下網站及資料，取得更多資訊：

### 網站

嶺南大學亞太老年學研究中心

<http://www.ln.edu.hk/apias>

賽馬會齡活城市計劃

<http://www.jcafc.hk>

齡活港

<https://jcafc-port.hk>

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