

July/ August 2020

# Lingnan Gardeners

Bimonthly Newsletter No.50

( [https://www.ln.edu.hk/ihss/crd/ln\\_gardeners.htm](https://www.ln.edu.hk/ihss/crd/ln_gardeners.htm). )



## ≡ Climber ≡

Under the six white jade orchid trees (*Michelia x alba*) between LBY and LKK, the Mignonette vines are blooming now. This is a perennial, climbing, hairless, woody vine with fleshy rhizomes. The stems are slender, usually reddish, with small irregular 'warty' aerial tubers. The fleshy to succulent heart-shaped leaves are glossy, clammy to the touch, and grow alternately on the stems. The small, numerous, fragrant cream flowers with slender, drooping flower heads bloom from June to July in Hong Kong, but no fruit is formed. It is very popular as an ornamental potted plant.

Indications & Usage : Arthralgia spasm of waist and knees, weakness after diseases, injuries from falls, fracture. Intake: decocting 30-60g or stewed with chicken or lean meat. External use: apply an appropriate quantity triturated

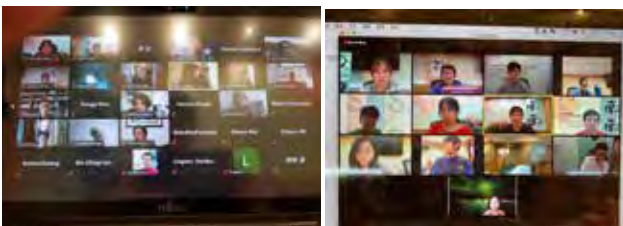
## The Seventh South South Forum on Sustainability

The 7th session of the South South Forum on Sustainability, SSFS7, was held on July 8 – 17, 2020, focusing on the question of Climate Change, Global Crises, and Community Regeneration.

The Forum was structured along two lines of inquiry:

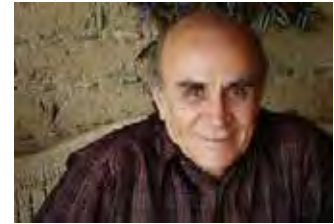
- How to contextualize the question of climate change in relation to development, financialization, geopolitics, and ecological issues;
- How to learn from and support the efforts of community-building that assemble agents in different locations across borders and defend ecological and social justice.

<https://our-global-u.org/oguorg/en/seventh-south-south-forum-on-sustainability-ssfs7/>



## Introducing some of the speakers from around the world (Refer to the Forum Program on content of the speeches)

Gustavo Esteva is a Mexican activist, a "deprofessionalized intellectual" and founder



of the Universidad de la Tierra in the Mexican city of Oaxaca. He is one of the best known advocates of post-development. In 1995-96, he was the consultant for the negotiations between the Chiapas Zapata Movement and the government.



Palagummi Sainath is an Indian journalist who focuses on social & economic inequality, rural affairs, poverty and the aftermath of

globalization in India. He is the founder editor of the People's Archive of Rural India and a senior fellow for Tricontinental: Institute for Social Research. He was the Rural Affairs Editor at The Hindu before resigning in 2014. The website India Together has been archiving some of his work in The Hindu daily for the past six years. Amartya Sen called him "one of the outstanding experts in world starvation and hunger".

Vandana Shiva is an Indian scholar, environmental activist, food sovereignty advocate, and anti-globalization author. Shiva, currently based



in Delhi, has authored more than twenty books. As a female scholar in Asia, Shiva has made great contributions to the earth and to humankind.



Gunter Pauli has been an entrepreneur for the common good since creating a first company



in 1981, a member of the Club of Rome, trained as an economist, and a writer of children stories (285 written, 216 published in 2018). He only undertakes projects that transform society.



Walter Mignolo is William H. Wannamaker Professor of Literature at Duke University and has joint appointments in Cultural Anthropology and Romance Studies.



Michael Hudson is President of The Institute for the Study of Long-Term Economic Trends (ISLET), Distinguished Research Professor of Economics at the University of Missouri, Kansas City, and author of ...And Forgive Them Their Debts (2018), J is for Junk Economics (2017), Killing the Host (2015), The Bubble and Beyond (2012), America's Protectionist Takeoff, 1818-1914 (2010), Super-Imperialism: The Economic Strategy of American Empire (1968 & 2003), and Trade, Development and Foreign Debt (1992 & 2009), amongst many others. He acts as an economic advisor to governments worldwide including Iceland, Latvia, and China on finance and tax law.

Link to Global University for Sustainability:

<https://our-global-u.org/oguorg/en>

On 13 June 2020, Jenny joined the Saturday morning activities - practiced the Taiji exercise and harvested the mint and mugwort( wormwood). Professor Lau Kin Chi, Jenny and Lai Seung greatly enjoyed the opportunity to meet and chat, amidst the outbreak of Covid-19.



In collaborating with the University's tasks of repairing the campus ground the planting boxes in Lingnan Garden have been moved several times. As a result the wooden frames of the planting boxes have been badly damaged. A 'special task force' of six carpenters was organized to perform emergency repair work on 4th July. Under the sunshine, the six members worked hard for four hours and repaired most of the boxes. In addition, the team had harvested two huge amaranth greens and presented them to the two cleaning ladies for them to make a herbal soup for releasing heat. Many thanks to members of Lingnan Gardeners club, Kelven, Erebus and Uncle Yan for helping us to do the carpentry work. In particular, Uncle Yan is an expert carpenter and his work is really perfect.

