

January 2020

Lingnan Gardeners

Bimonthly Newsletter No.47

(https://www.ln.edu.hk/ihss/crd/ln_gardeners.htm.)

Hopefully 2020 will be a year of justice, peace and hope!



Welcoming Spring

Balsamines



Balsamines are blossoming at the south of Wing On Plaza.

Balsamines are called "Henna" in India and Middle East. Because of the natural reddish-brown pigments, people in the regions have planted balsamines long ago, using the juices to dye nails and for beauty treatment.

Why has it been called "touch me not"? When the seeds are mature, the shell bursts on its own, popping up like a slingshot, ejecting the seeds, self-propagating and breeding. Therefore the Chinese name of its seed literally means "acute characteristics", and not surprisingly "Touch Me Not" in English.

Its flowers have the effect of promoting blood circulation and alleviating swelling, often used in curing bruises and snakebite. The stem is called "Phoenix perforatum", which has the effects of promoting blood circulation, and used as analgesic and relieving rheumatism.

The seed has the effects of softening and removing stagnancy, and is used to treat dysphagia, fishbone stuck in throat, abdominal mass, and amenorrhea.

Symbol of tenacious vitality and strong faith. Its flower language: "Don't Touch Me", "Impatient Temperament", "Jumping Partner". Some people call it: Wild Girl.

The produce of Lingnan Gardeners

Organic Roselle Jam

Instructor Peiyun made twenty bottles of organic rosella jam and gave them to colleagues and volunteers. We would hope to continually produce agricultural products for everyone to share the results!

Ingredients : Roselles grown by Lingnan Gardeners, Yellow rock sugar.



Sixth South South Forum on Sustainability (SSFS6)

SSFS6 took place in Hong Kong on June 24-July 3, 2019. The central theme was “Ecology, Livelihood, and Community Regeneration”:

June 24-26: Summer School on “Nuclear Weapons and Power: Current Challenges and Responses”

June 27: Visits to local communities

June 28-30: Forum on “Ecology, Livelihood, and Community Regeneration”

July 1-3: Workshop on Architecture and Urbanism

Rebecca Johnson and Katherine Gibson, apart from being keynote speakers at the Forum, delivered summer school lectures and screened interviews. For Programme, Reader, and other documents, please visit <https://our-global-u.org/oguorg/en/sixth-south-south-forum-on-sustainability-ssfs6/>

The video-recorded forum can be watched at <https://our-global-u.org/oguorg/en/ssfs6-videos/>

Michael Hudson in Hong Kong and Macau Workshop on Financialization and De-dollarization

Global U, Chinese University of Hong Kong, and Lingnan University co-organized a lecture delivered by Prof. Michael Hudson on “De-dollarization – Toward the end of U.S. Monetary Hegemony” at Lingnan University on 20 Nov 2019.

The video-recorded lecture and workshop can be watched at <https://our-global-u.org/oguorg/en/workshop-on-financialization-and-de->



A workshop on “Financialization and De-dollarization” was held in Macau on Nov 22-23, with the participation of Michael Hudson, Paulo Nakatani, Wen Tiejun, Lu Qiyuan, Peter Beattie, and the Global U executive team from Hong Kong.

The conference YouTube link for your reference:

<https://youtu.be/9L4iERxJNzg>



Wen Tiejun on Ten Cyclical Economic Crises in China (1949-2016)

Professor Wen Tiejun analyses ten cyclical economic crises that China experienced since 1949 and illustrates how China managed through crisis soft-landings to further development. His alternative perspective of China’s development experiences brings new insights to discussions and debates on geo-politics, Cold War ideology, Marxist theories, revolutionary legacies, land revolution, national sovereignty, mass mobilization, costs of industrialization, neo-liberal globalization, financial capitalism, rural sustainability, and South-South cooperation.

Videos’ link : <https://our-global-u.org/oguorg/en/series-no-5-chinas-real-experiences-professor-wen-tiejun-on-ten-cyclical-economic-crises-in-china-1949-2016/>

Lingnan Gardeners cultivated the seedlings, over 100 plants, for more than three weeks for the planting activities of Pooi Kei Primary School at the Chinese Medicine Garden of Gerontechnology on 12 and 13 December 2019.



Farming course and DIY Dumpling making for the MCS students



Forthcoming Activities:

Thursday, 23 January 2020, 11:30-15:30

Plants as New Year gifts

Lantern Festival, Monday, 10 February 2020,
5:30pm-7:00pm Hong Kong Local Food