

May/June 2019

Lingnan Gardeners

Bimonthly Newsletter No.43

Guava



A world in a flower. In every second a new world is born.

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Guava is common in Hong Kong. White flowers of guava tree are blossoming in Lingnan Garden.

Guava is tropical fruit tree, originating in the Americas. It is pleasant in flavour, rich in vitamins A and C, fibres, proteins, lipids and trace minerals. Not only nutritious, it is also beneficial in treating diabetics and high blood pressure.

Flower language - Perfect Love

Experiential Farming in Sheung Shui

The students and the elderly went to Sheung Shui for experiential farming on March 4 and April 13.

Returning to My Rustic Home by Tao Yuanming

While young, I was not used to worldly cares,
And hills became my natural compeers,
But by mistakes I fell in mundane snares
And thus entangled was for thirteen years.
A caged bird would long for wonted wood,
And fish in tanks for native pools would yearn.
Go back to till my southern fields I would.
To live a rustic life why not return?
My plot of ground is but ten acres square;
My thatched cottage has eight or nine rooms.
In front I have peach trees here and plums there;
O'er back eaves willow trees and elms cast glooms.
A village can be seen in distant dark,
Where plumes of smoke rise and waft in the breeze.
In alley deep a dog is heard to bark,
And cocks crow as if o'er mulberry trees.
Into my courtyard no one should intrude,
Nor rob my private rooms of peace and leisure.
After long years of abject servitude,
Again in nature I find homely pleasure.

Translated by Xu Yuanchong



While pulling weeds, you are pulling the troubles out of your mind.



Cutting the African Leaves for planting.

Grafting

“The real voyage of discovery consists not in seeking new landscapes, but in having new eyes.”

---- Marcel Proust



Take food seriously is to take life seriously.

Campus Farming



Building bamboo support for the Passion Fruit and Grapes at the northern side of Wing On Plaza.

Food sharing



Lingnan Gardeners organized two food sharing activities in the spring semester of 2019. After 3 hours of labor, a simple food sharing lunch was the most wonderful feast in the world.



Knowledge Exchange



Three Professors from the Hope College of Michigan visited Lingnan Garden and exchanged with us.

What is shared in food is not only taste, but smile as well.

In late September, Ms. Au Yeung Lai Seung and Professor Lau Kin Chi visited the Green River Han Association in Xiangyang, Hubei Province, to conduct on-site inspection of the water quality of River Han as well as interview local ecologist Yun Jianli.

Video Links:

Part 1 https://www.youtube.com/watch?v=8j_q6zhjW1U&t=1s

Part 2 <https://www.youtube.com/watch?v=AHrbAai47qk&t=9s>



Professor Wen Tiejun gave a series of talks on China's Ten Economic Crises in April at Lingnan University.

Taiji Classes

Lingnan Gardeners and OSL co-organized Taiji classes for students, elderly and colleagues. During the lunch time every Tuesday, we practice simple Taiji exercises. Ms Au Yeung Lai Seung is the instructor.



Coming Activities

Relaxing Taiji Class

Date : 21 May, 28 May, 11 June and 18 June

Time : 1:00-2:00pm

Venue : AM320

Instructor: Ms Au Yeung Lai Seung

Lingnan Gardeners is one of the Co-organizers of the Sixth South South Forum on Sustainability: Ecology, Livelihood, and Community Regeneration

27 – 30 June 2019



The keynote speaker of the 6th South South Forum on Sustainability:

Dr. Rebecca Johnson is the Founder and Director of the Acronym Institute for Disarmament Diplomacy, an organization that provides high-quality analysis and strategies to develop and support multilateral disarmament and security agreements.

Rebecca has worked as a peace and disarmament analyst and activist since campaigning at the Greenham Common Women's Peace Camp from 1982-87. She organised Greenpeace's test ban campaign until 1992 and then worked in Geneva, becoming an expert on multilateral negotiations. She has written multiple works, including an essential handbook on the 1996 Comprehensive Nuclear Test Ban Treaty (CTBT) negotiations, *Unfinished Business*, analyses on the Non-Proliferation Treaty (NPT) Review Process, and the humanitarian strategies and negotiations of the 2017 Treaty on the Prohibition of Nuclear Weapons, available through Acronym's journal *Disarmament Diplomacy*, *OpenDemocracy* and various publishers and online platforms.

Alongside serving as Director of the Acronym Institute, Rebecca is a founding Co-Chair of the International Campaign to Abolish Nuclear Weapons (ICAN), which was awarded the 2017 Nobel Peace Prize, and a member of the International Panel on Fissile Materials (IPFM).