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Lingnan Gardeners

Newsletter No.33



Flowers of Dragon Fruit

Dragon Fruit originally grew in tropical desert regions in Central America and were later introduced to Asia. It earned its name from the peel that looks like scales on the skin of dragons. Dragon Fruit has some nutrients that are rarely found in other plants, such as anthocyanidin and botanic protein. As such it has very good health effects like anti-aging and slimming. Since the flowers of Dragon Fruit have a strong fragrance and only bloom at night then wither in the morning, its flower language is the “Night Fairy”.

On 6 July 2017, the Fourth South South Forum on Sustainability began as scheduled, organized by Lingnan University Department of Cultural Studies, Asian Regional Exchange for New Alternatives, and Global University for Sustainability. Lingnan Gardeners was co-organizer and supported and assisted in organization and coordination.

The theme of the Forum was “Asia in the 21st Century: Challenges for Peoples and Movements”. Close to 40 scholars and social movement leaders from Korea, Japan, Philippines, China, Malaysia, Indonesia, India and USA were invited to attend. The Global University would be editing and releasing video recordings of the Forum sessions. Please click the following link to watch.

<http://our-global-u.org/oguorg/en/the-fourth-south-south-forum-on-sustainability-4-6-july-2017-2/>



The hot summer has been very testing for the plants in the Lingnan Garden, and typhoon is an even bigger challenge. Typhoon Hato that struck Hong Kong, Macau and Guangdong on August 23 had caused substantial damage and casualties in the region, even deaths. Then followed Typhoon Pakhar to add to the damage.

In Lingnan Garden, some bamboo racks for climbing plants collapsed, the maize fell... still it was not a major loss. Preventive measures had been taken before the typhoons came, and the plants had already taken root firmly in the soil and attached themselves tightly to the racks. As such they managed to withstand the onslaught of strong wind and rain. Perhaps that is Nature’s mechanism of self-defense.



Activities

Saturday, September 30 2:30-4:30 pm: Talk on Ecology

Topic: “Global Warming: a Threat to Human Existence” (in Cantonese)

Speaker: Master Lai Sai Foon (President of Hong Kong Academy on Confucianism)

Location: Lingnan University MBG 07

Tuesday, October 3, 7.00-9.00pm Join us in Lingnan Gardeners’ tradition of celebrating the Mid-Autumn Festival at the Wonderland (between LBY and LKK), bring food, lanterns and family!