

## Lingnan Gardeners Newsletter No.6

6 May 2015 Beginning of Summer Day  
(中文版本請見下)



So here begins the summer!

You can find five big pots in Fragrant Lot, in which we are planting rice. They are five different varieties from five different places: Jiangxi Province, Japan, Thailand, Taiwan, the Philippines; the seeds are kindly donated by Prof Hui Po Keung (a part-time rice farmer) and SangWoodGoon Farm.



If you want to grow your own rice, please write to us and ask for the seedlings, we would be most happy to give them to you for a try. You can simply plant a few seedlings in a deep bowl with soil and water, and have fun to see how rice grows!

You might see lots of this at our Fragrant Lot and Wonderland:



-which looks like wild grass and it's so easy to reproduce! Just stick the Sabah Snake Grass into the soil, next day you will see them swaying with the wind! So full of vitality! Over a hundred plants of Sabah Snake Grass in the campus were nursed from Prof Lau Kin Chi's garden!

Here is some info on this magic grass:

*Sabah Snake grass was popular for its benefits in alternative medicine to cure various kinds of diseases. Traditionally it was used as a herb to cure snake bite. It is believed that it is able to neutralize the poison from the snake. Recently, it is well known for its healing properties such as cure for cancer and kidney failure alleviation."*

source: <http://www.tea-code.com/snake-grass.html>

So how to consume it? Very simple, take the raw leaves, or blend the raw leaves into juice and mix with organic apple juice. **If any of you are interested in growing some of these grass in your own place, you can write to us and get a plant to grow on your own!**

#### **You Are Wanted!**

Now with the temperature going up, we would like to organize the Gardeners to form an "action group" for the most important task in farming: watering. You can take responsibility for one morning or one evening during the week to water the plants, except when it rains. If you want to be part of this, please write to us, and we will contact you to make a roster and let you know how to do it right.

Last month, with honour we had a lecture with Mr. Chow Sze Chong on the topic of “Good Learning from Agriculture”, moderated by Prof Hui Po Keung. If you missed it, don’t worry, watch it through the link: [https://youtu.be/wlt87I\\_BuGc](https://youtu.be/wlt87I_BuGc)



**Activities of May:**

10 May, Sunday, 9-11am, Fragrant Lot: build a platband with bricks, harvest leaf lettuce, water spinach, and herbs for the herbal tea, too!

12 May, Tuesday, 5:30-7pm, LKK201: Mr. Yan Xiaohui will give us a talk on the topic of “Rural Reconstruction Movement in Mainland China and Participation of Youth”.

20 May, Wednesday, 12:30-2pm, Wonderland: genuinely home-made noodles will be served, along with Pesto sauce fresh from the Fragrant Lot!

*Last but not least: Please roll down for the Activities Gallery after the Chinese version.  
Enjoy!*