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Lingnan Gardeners Newsletter 嶺南彩園通訊

Lingnan Gardeners 嶺南彩園

4-2020

Lingnan Gardeners Bimonthly Newsletter (No. 48) = 嶺南彩園通訊 (第48期)

Lingnan Gardeners, Kwan Fong Cultural Research and Development Programme, Lingnan University

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April 2020

Lingnan Gardeners

Bimonthly Newsletter No.48

(https://www.ln.edu.hk/ihss/crd/ln_gardeners.htm.)



Loquat

A loquat tree is planted between LBY and LKK, and the fruits mature in March. Loquat is a treasure fruit in southern China. It grows buds in autumn, blooms in winter, ripens in spring and matures in early summer, hence it bears the dews of the four seasons. The fruit, known as the King of Fruits, is deliciously sour and sweet. The whole loquat plant is a treasure because its fruits, flowers, leaves and seeds have their own medical qualities.

Loquat leaf is a very common Chinese medicine with bitter taste. It has the effect of clearing the lungs, relieving cough, and reducing vomiting. Large loquat leaves are dried and used as medicine. The seeds and fresh leaves are slightly toxic. Raw seeds and fresh leaves are slightly toxic because they release a small amount of cyanide. Because of the bitter taste, generally only a little amount can be consumed and so it will not cause harm.

Loquat flowers, blooming in winter, are yellow-white, with an attractive aroma.

22 January 2020

Bugs on the six magnolia trees

There are bugs on the six magnolia trees between LKK and LBY, and the management used pesticide to kill the bugs. In order to avoid the pesticides landing on the plants under the trees, the plants were covered with garbage bags and newspapers. Passers-by remarked that it was like an experiential modern art installation.



23 January 2020

Plants as a New Year Gift



Professor Paulo Nakatani from Brazil gave a public lecture at Lingnan University and visited Lingnan Gardeners 21 and 22 January 2020.



CUS3112 Culture and Literary Imagination, 2019/2020, term 1

Group 2 : https://youtu.be/N_Y0yO8mjeI

Group 3 : https://youtu.be/xCPp_iSoTyw

Group 4 : <https://youtu.be/hY03D5jcAlw>

Group 5 : <https://youtu.be/quqTIntO86M>

Group 6 : <https://youtu.be/2VOi21ViHcc>



Professor Lau Kin Chi's interview in Venezuela:

<https://youtu.be/Ku5lKa89Gb0>

VENEZUELA:

Interview with Kin Chi Lau in Telesur English, coordinator of an international team from China. She spoke about the importance of the Bolivarian Revolution experience as a reference of sustainability and alternative to neoliberalism. She explained what the team saw in Ticoporo communal peasant market in Barinas and the Indio Rangel Agroecological School in Aragua.

2020年4月

嶺南彩園

彩園通訊 第48期 (雙月刊)

https://www.ln.edu.hk/ihss/crd/ln_gardeners.htm



《田舍》

【唐】杜甫

田舍清江曲，柴門古道旁；草深迷市井，地僻懶衣裳。

櫻柳枝枝弱，枇杷樹樹香；鸕鷀西日照，曬翅滿魚梁。

枇杷樹種在林炳炎和梁球琚樓水池旁，於三月中結果。它是中國南方特有的珍貴水果，是集「果中獨備四時之氣者」的特色：枇杷果實肉柔軟多汁，味道酸、甜鮮美，被譽為「果中之皇」。全樹都是寶，除果實外，枇杷花、葉和枇杷核等都各有功效。

枇杷葉是一種常見的中藥，性味苦，微寒。具有清肺止咳、降逆止嘔的功效。以大塊枇杷葉曬乾入藥，可以清肺熱和胃熱，還有降氣化痰的功用，與其它藥材製成「枇杷膏」。

枇杷花：具有「止渴下氣、利肺、止吐逆、去焦熱、潤五臟」以及「治頭風、鼻流清涕」等功效，枇杷花的保健作用尤其顯著。

枇杷果：清肺，生津止渴。主要用於治療肺熱和咳嗽、久咳不癒、咽乾口渴及胃氣不足等病症。

枇杷核：祛痰止咳，治咳嗽痰多、疝氣、水腫。

枇杷根：性味苦平。清肺止咳，鎮痛下乳。主治肺結核咳嗽、風濕筋骨痛、乳汁不通。

2020年1月22日，於 LKK 和 LBY 的六棵玉蘭樹上有蟲，學校工作人員安排用農藥滅蟲。為了保護樹下的植物，用垃圾袋和報紙覆蓋植物免沾染農藥。路過的朋友說，大家像在做現代藝術實驗品。



1月23日，艾草、九層塔、生菜和檸檬薄荷共六十棵植物全部送出。



1月21-22日，來自巴西的 Paulo Nakatani 在嶺南大學做公開講座並參觀彩園。



**CUS 3112 (2019-2020) 上學期，文化與文學
想像的學生作品：**

Group 2 : https://youtu.be/N_Y0yQ8mjel

Group 3 : https://youtu.be/xcPp_iSoTyw

Group 4: <https://youtu.be/hY03D5jcAlw>

Group 5 : <https://youtu.be/quqTIntQ86M>

Group 6 : <https://youtu.be/2VQi21ViHcc>



Flowers and Fruits
花與果



**Photo Gallery
照片集錦**



*You are always welcome to join us!
歡迎報名成為嶺南彩園農夫！



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Feedback of the students.

節錄同學們的心聲

其實我在選修這堂課前，對耕田有一種很美好的幻想，覺得如果自己能夠吃到自己種的農作物會很有滿足感。然而，當親身彎下腰去耕田時，發現耕田是一件需要很大勞力的一回事，是我小看它了。而且，等待收成是一件頗為漫長的事情，期間還要定期淋水、施肥，所以也沒有機會吃到自己種的農作物。可是，幸運的是我們今年能吃到上個學期同學種的香蕉，前人種樹，後人乘涼，我也十分滿足了。

詹雅文

當初選擇這個學科時，心中對耕種所需的體力有所準備，但確實沒有實際嘗試過，是沒法全面的了解到農業是一個怎樣高勞動的工作。在課程中最印象深刻的還是到學校內的彩園耕作；事實上彩園的範圍不大，但每次聽從老師的指示彎下腰為植物鬆土和澆水時，心裡只想快點完成工作；但是在休息的時候也會不禁反思我們只是做短短的一個學期的耕作，但農夫是一年四季都在農地裡工作的，忍不住覺得農作真的是一份不容易的行業。在修讀完這門課程後，我更能體會到粒粒皆辛苦的意思了，對農業相關的資訊也更為留意。而作為消費者，我亦會更加關心食物的來源，比如蔬菜的來源地等，以嘗試了解更多關於食物和大自然的關係。

Wong Lo Lo

我以前從未耕種過，對農業也沒有興趣。因此，對我來說這是一種特殊的經歷。通過這課程，我認為我可以理解並尊重農民。首先，種植真的很累。每次上農業課後，我都很累。這讓我很好奇人們如何以農業為生。也許我們低估了農民的貢獻。他們不能保證收成，有時，無論您付出了多少努力，手工都無法回報。也許我在完成這門課程後不會繼續耕種，但我肯定會反思我所吃的食物是如何產生的。如果是薯片，則意味著需要種植土豆，切成小塊，然後油炸。所以看似平凡的小吃的製作也可能很複雜。

Wong Pui Shan