Rethinking of Life Perspective
When Doing Service Learning in
A Village in Indonesia

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Outline of Presentation

• Getting to Know Community Outreach Program (COP) of Petra Christian University
• Research Goals
• Definition of Life Perspectives – Previous Research
• Research Method
• Results and Discussion
• Conclusion
Getting to Know

Community Outreach Program (COP) of Petra Christian University
Why should be Service-Learning?

Profile of Graduates
1. Academic excellence
2. Emotional excellence
3. Spiritual excellence

Vision
To be a caring and global university that is committed to Christian values

LIGHT values:
- **L**ove – is the spirit of caring
- **I**ntegrity – is character in action
- **G**rowth – is the fruit of holistic learning
- **H**umility – is the beginning of wisdom
- **T**ruth – is the basis of true life
Why should be Service-Learning?

- Academic Excellence
- Emotional Excellence
- Spiritual Excellence

Holistic Education
Lives in Education

International Exposure

Visits to Rural, Deprived Communities

Community Services/NGO

Design, Diving, Music, Drama, Sports

Internship, Placement, Mentorship

Executives of Organisations

Student Activities/Halls

Study

Building World-Class Universities

Source: Building World-Class Universities by Kai-ming Cheng (Chair Professor of Education/Senior Advisor to the Vice-Chancellor The University of Hong Kong Ministry of Education, Indonesia, Feb 12, 2008)
Learning Experiences

Source: Building World-Class Universities by Kai-ming Cheng (Chair Professor of Education/Senior Advisor to the Vice-Chancellor The University of Hong Kong Ministry of Education, Indonesia, Feb 12, 2008)
Classes
Academic Learning
Classrooms, Libraries, Laboratories

Student Residence, Student Unions, Associations & Clubs, Young Leaders
Internship, Practicum, Placement, Fieldwork

Rural Visits (COP), NGOs, Community Services, Church
Exchange, Youth Conferences

Music, Sports, Art, Drama, Dance
Mentorship

Source: Building World-Class Universities by Kai-ming Cheng (Chair Professor of Education/ Senior Advisor to the Vice-Chancellor The University of Hong Kong Ministry of Education, Indonesia, Feb 12, 2008)
COP at a glance

- **What is COP?**

  An international Service-Learning with the goals of preparing young generation for a service to a community while simultaneously gaining new skills, knowledge, and understanding as an integrated aspect of the student's academic program.

- **Uniqueness**

  - Interdiscipline
  - Real experience
  - Personal and Communal Impact
What is Community Outreach Program (COP)

Interdisciplinary approach
International Service-Learning
Learning experience
Empowering the community
Uniqueness of COP

- Multicultural Understanding
- Inter-religious Understanding
- Interdisciplinary Approach
- Other Peace Building issues
Outputs

WHOLE PERSON EDUCATION
(MEANINGFUL LIFE THROUGH CONTRIBUTION)

PERSONAL ENRICHMENT
(Hard skills and soft skills)

PHYSICAL DEVELOPMENT
(Infrastructure support)

COMMUNITY EMPOWERMENT
(Education, Health awareness)
Structure of COP

- Preparation
- Celebration
- Reflection
- Action
Targets at a glance

- 2014 - now
- 2004 - 2013
- 1996 - 2003

EAST JAVA PROVINCE

CENTRAL JAVA

SURABAYA
International Participants in COP 2013 & 2014

Number of COP Participants in 2013 & 2014

- Indonesia: 59 in 2013, 51 in 2014
- Korea: 27 in 2013, 29 in 2014
- The Netherlands: 17 in 2013, 16 in 2014
- Hong Kong: 16 in 2013, 8 in 2014
- Japan: 27 in 2013, 22 in 2014
- China: 21 in 2013, 29 in 2014
- Taiwan: 3 in 2013, 2 in 2014

Total Participants (students): 156 in 2013, 155 in 2014.
RESEARCH GOAL

• To learn students’ answers about the pursuit of happiness and satisfaction through their experience in building relations with others from different background during COP particularly villagers and their host family.

• To learn students’ responses on the life and characteristics of the villagers and their host family.
Previous Research

On Pursuit of Happiness
They concluded that buying stuff for yourself doesn’t make you happier, but spending money on other people does.

One of their 3 studies: They surveyed 632 Americans, gave them standardized, validated measures of general happiness, and asked questions about income, spending on (1) bills and expenses, (2) gifts for themselves, (3) gifts for others, and (4) donations to charity. Spending on the first two categories was not related to happiness; spending on the second two categories was.

Harvard Grant Study by Dr. George Vaillant*)
“The 75-Year Study That Found The Secrets To A Fulfilling Life”

75-year study pictured how we grow and change, what we value as time goes on, and what is likely to make us happy and fulfilled.

There are two pillars of happiness:
1. **LOVE**
2. **Finding a way of coping with life that does not push love away.**

A person can have all the luxuries in the world, but without love, they mean very little.

*)Harvard Psychiatrist
Harvard Grant Study by Dr. George Vaillant*)

5 Lessons from the Grant Study to apply to your own pursuit of a happier and more meaningful life.

1. **LOVE** is *Really* All That Matters
2. It’s About More than Money and Power
3. Regardless of How We Begin Life, We Can All Become Happier
4. Connection Is Crucial
5. Challenges — and the Perspective They Give You -- Can Make You Happier

*)Harvard Psychiatrist
'It is more blessed to **GIVE** than to **RECEIVE**.' (Acts 20:35)
Research Method
DATA SOURCE

- Students’ reflection books from the last two COP in 2013 (Kediri district) and 2014 (Mojokerto district) and from several interviews and conversations with students.
- Data source from answers on QUESTIONS in the reflection books as follows:

<table>
<thead>
<tr>
<th>STAGE</th>
<th>QUESTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-program</td>
<td>How do you picture the village that you are going to stay?</td>
</tr>
<tr>
<td>Mid-program</td>
<td>What do you think about the village life and the villagers?</td>
</tr>
<tr>
<td>End program</td>
<td>1. What have been the highlights of your learning and experiences during the program?</td>
</tr>
<tr>
<td></td>
<td>2. In what areas of life that you will improve in the future after joining COP?</td>
</tr>
<tr>
<td></td>
<td>3. What do you think about the village life and the villagers?</td>
</tr>
</tbody>
</table>
### DATA SOURCE: **68 Reflection Books**

<table>
<thead>
<tr>
<th>YEAR</th>
<th>SUB-VILLAGE</th>
<th>NUMBER OF STUDENTS' REFLECTION BOOKS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Indonesia</td>
<td>South Korea</td>
</tr>
<tr>
<td>2013</td>
<td>Suweru</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Winong</td>
<td>7</td>
</tr>
<tr>
<td>2014</td>
<td>Lebaksari</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>Siman</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>Kulubanyu</td>
<td>8</td>
</tr>
</tbody>
</table>

|      | 38          | 3           | 10    | 7         | 5     | 5                | **68** |
Results & Discussion
Students’ Answers (-)

Number of answers

<table>
<thead>
<tr>
<th></th>
<th>Pre-Program</th>
<th>Mid Program</th>
<th>End of Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fac</td>
<td>1</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Peo</td>
<td>1</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Cul</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Host Fam</td>
<td>2</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Cul</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Cul</td>
<td>1</td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

Indonesia: 3 answers
South Korea: 1 answer
Japan: 1 answer
Hong Kong: 1 answer
China: 1 answer
The Netherlands: 1 answer
TOTAL: 12 answers
STUDENTS’ ANSWERS about Characteristics and Life of VILLAGERS

<table>
<thead>
<tr>
<th>Greet the villagers - they smile</th>
</tr>
</thead>
<tbody>
<tr>
<td>Villagers are kind and interested to them</td>
</tr>
<tr>
<td>Villagers help during doing physical project</td>
</tr>
</tbody>
</table>

Satisfied with what they have, they enjoy their life, friendly and kind, greet me back when I greet them. Children like to follow students around-->curious about COP members and very friendly, like to learn new things. People are warm-hearted and welcome us.

I become different person because I've learned to be happy with small things like a warm shower and having a normal bed at home. Also the fact that poverty shocked me. People have to live 2 euro a day. I learned that some problems in western countries aren't any problems at all.

Kids love us more so that they have already accepted us as their family in mind

Their life is simple, less stress, and loving each other.

They are really kind and helpful, humble and caring each other.
**STUDENTS’ ANSWERS about HOST PARENTS**

<table>
<thead>
<tr>
<th>My host family is very nice - ask to eat more, put my laundry inside when it rains, worry about me when going home late, like a real family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very kind, make many food for us</td>
</tr>
<tr>
<td>My house mother gives good consideration, preparing a room for us, prepare dinner.</td>
</tr>
<tr>
<td>Give food, necessities, their bonding is strong</td>
</tr>
<tr>
<td>My mother almost cook food with coconut milk everyday - I used to eat all that she cooked</td>
</tr>
<tr>
<td>The house is so inconvenient but look so happy</td>
</tr>
</tbody>
</table>
Relations with Villagers & Host Family
Though our meeting was short but made you all were missed by the villagers and my family.... Let’s continue to keep praying for one another for our success in the future.
COP → Fund Raising for Siti’s Heart Surgery
REVISITING HOST FAMILY
CONCLUSIONS

• Positive responses of students regarding characteristics and life of villagers increase toward mid (100%) and the end of COP (64%).

• Negative responses of students regarding characteristics and life of villagers were insignificant in numbers compared to the positive responses (6.67% out of all responses in preprogram; 5% in mid program and 4.2% at the end of the program).

• Toward host family, most students’ responses were positive (only 1 student gave negative response due to cultural differences).

• All these positive responses left good memories and learning for students about life perspective (happiness) continue to maintain friendship tie with the host family.