One Plus One More Than Two

University-community Partnerships for Elderly: An Interdisciplinary Service-Learning Project

Chia-Hui Chiu, Ph.D., The Director of Service-Learning Center
Fang Liu, Ph.D., Assistant Professor of GNCM (Gerontology Health Management)
Introduction

March 2013
TAIPEI-TAIWAN

Taipei Medical University
Elderly residents
Old community
One – NH Community Volunteer

History faculty

HUMAN EDU

IPE

NH

support system

Nutrition and Health sciences faculty

NH TA

NPO Technology company

NH TA
One—NH Community Volunteer

Design

• What should students get?
• What can our clients get?
• How to sustain?

Goal

• Cultivate students’ communication skills
• Understanding of elderly’s diet key points
One – NH Community Volunteer

**Preparation**
- Reading book about WWII
- Learning Oral History skill
- Designing interview questions

**Service**
- Elderly companionship
- Life experience recording
- Diet recording

**Reflection**
- Review the verbatim
- Review and renew the program

**Celebration**
- Design individualized meals made by students
- Assistive device made by students
One NH Community Volunteer

**Outcome**

One student says: “I finally understand that the key concepts of elderly dieting is based on his/her values and financial ability.”

Another student says: “through companionship, I understand What I lacking.”
Plus One-Whole Health Care

Nutritional

Psychological

Physical

NH-Quantity Food Management

Nursing-Elderly Health Assessment

GNCM-Career Development

Over 200 students  Over 80 clients
More than Two-Teamwork

Elderly service center

Service-learning center

faculty

students
More than Two-Smart Living Tools
**More than Two-Model in TMU**

Every GNCM student has to take 4 required courses (2 credits) with the same elderly for two years.

<table>
<thead>
<tr>
<th>優化老化</th>
<th>三下</th>
</tr>
</thead>
<tbody>
<tr>
<td>療養老化方案</td>
<td>三上</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>居家照護</th>
<th>二下</th>
</tr>
</thead>
<tbody>
<tr>
<td>環境檢測改善</td>
<td>二上</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>生理照顧</th>
<th>二下</th>
</tr>
</thead>
<tbody>
<tr>
<td>身體評估</td>
<td>二上</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>心理滿足</th>
<th>三下</th>
</tr>
</thead>
<tbody>
<tr>
<td>生涯規畫</td>
<td>三下</td>
</tr>
</tbody>
</table>
# 展齡中心 樂活課程

<table>
<thead>
<tr>
<th>星期一(W1)</th>
<th>星期二(W2)</th>
<th>星期五(W5)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>上午</strong></td>
<td><strong>上午</strong></td>
<td><strong>上午</strong></td>
</tr>
<tr>
<td>10:30-12:30</td>
<td>12:00-13:00</td>
<td>10:00-12:00</td>
</tr>
<tr>
<td>電影看人生/書報閱讀趣 @六合里民活動中心</td>
<td><strong>歡樂共餐趣 (20元/次)</strong> @六合里民活動中心</td>
<td>市場大採購/書報閱讀趣 @六合里民活動中心</td>
</tr>
<tr>
<td><strong>下午</strong></td>
<td><strong>下午</strong></td>
<td><strong>下午</strong></td>
</tr>
<tr>
<td>14:00-16:00</td>
<td>14:00-16:00</td>
<td>14:00-16:00</td>
</tr>
<tr>
<td><strong>誰比我會唱/健康活力秀 @北醫老人福祉中心</strong></td>
<td><strong>誰比我會唱/健康活力秀 @北醫老人福祉中心</strong></td>
<td><strong>創無限可能 (20元/次)</strong> @六合里民活動中心</td>
</tr>
</tbody>
</table>

地點：六合里民活動中心 (臺北市松仁路 240 巷 19 號 3 樓) ps.全聯後面電梯上三樓
北醫老人福祉中心 (吳興街 284 巷內，北醫口腔大樓外面 機車停車場旁的鐵皮屋)

備註：收費課程將按月收費，除 5 月費用於報名時收取外，6-8 月費用將於前月最後兩周開始

---

### 展齡中心 樂活課程 報名/名/條

<table>
<thead>
<tr>
<th>姓名</th>
<th>生日</th>
<th>地址</th>
<th>緊急聯絡人</th>
<th>緊急聯絡人</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 序號

1 2 3 4
Q & A